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A GUIDE TO MEDICINAL PLANTS

An Illustrated, Scientific and Medicinal Approach

by **Koh Hwee Ling** (*National University of Singapore, Singapore*),
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Tan Chay Hoon (*National University of Singapore, Singapore*)

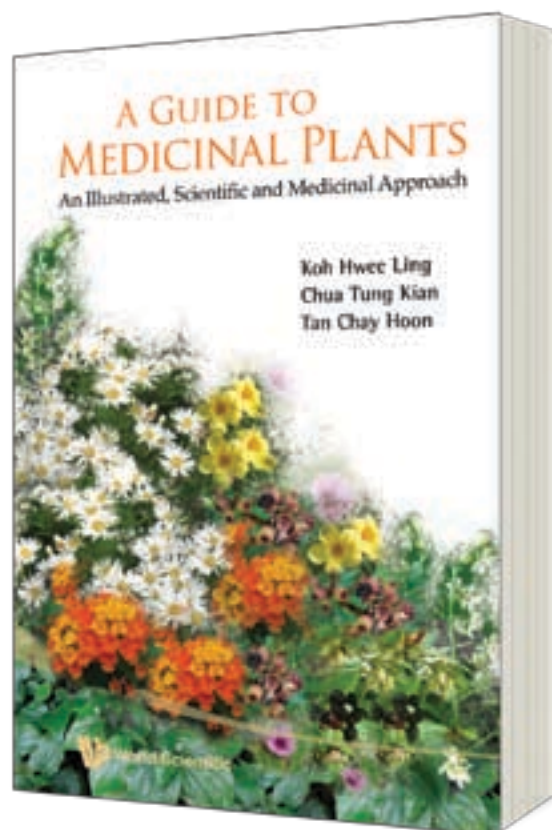
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This book presents up-to-date information on a total of 75 native and non-native medicinal plants growing in Singapore. Comprehensive and useful information from the published literature — including plant descriptions and origins, traditional medicinal uses, phytoconstituents, pharmacological activities, adverse reactions, toxicities, and reported drug–herb interactions — is presented in an easy-to-read manner for easy and quick reference. There is no minimum level of knowledge required to read this book, and botanical and medical glossaries are also provided for readers' convenience.

The book will be of great practical benefit to a wide-ranging audience. Educators and students in complementary medicine and health, pharmacognosy, medicinal chemistry, natural products, pharmacology, toxicology, pharmacovigilance, medicine, pharmacy, nursing, botany, biology, chemistry and life sciences will find the information useful. The book will also appeal to clinicians, pharmacists, nurses and researchers, as it contains a comprehensive reference list at the end for further reading.

Contents:

- Scientific Names
- Common Names
- Descriptions
- Origin
- Phytoconstituents
- Traditional Medicinal Uses
- Pharmacological Activities
- Dosage; Adverse Reactions
- Contraindications
- Toxicity
- Drug–Herb Interactions
- Botanical Glossary
- Medical Glossary



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